Workshop Descriptions

Friday, April 21, 2023

1a: The Power of Expanded Learning

Bethany Thramer, Community Relations Manager, Oregon ASK

This session will provide a brief overview of how important expanded learning in afterschool and summer programs are for all youth. We will share a few resources on quality expanded learning in your school and community: what you need to know, helpful hints for your administrators and resources to support existing programs or partners in your school.

1b: Transformative Family Engagement

Rose Acerra, National PTA Board of Directors

Parents know that they play an important role in their child’s success. But traditional family engagement practices don’t always meet the needs of each and every family, nor treat them as equal partners in ensuring their child’s success. Family-School partnerships often focus primarily on academic success, but whole child development is also an essential part of the conversation. That is where Transformative Family Engagement comes in!

Transformative family engagement is a shared effort of families, schools and community leaders to advance programs, practices and policies that empower every parent to make their child’s potential a reality. Attendees in this workshop will learn how their PTA can become more inclusive, individualized, integrated and impactful in its approach to family engagement.

1c: How to Engage Elementary School Students in Sustainable Practices

Whether you are interested in reducing waste, promoting walking and biking, expanding garden and outdoor experiences, or leading a student green team, the Eco-School Network can help you get started and be successful. This workshop will be led by experienced parent Carlye Krohn who transformed sustainability at Chehalem Elementary in Beaverton: switching from disposables to washable “party packs” for use in classroom parties and schoolwide events, Halloween costume exchanges, recycling collections, waste-free lunches, outdoor classroom kits, no-idling campaign, garden projects, and getting a water bottle filling station installed when students could no longer use drinking fountains. Learn how you can get students involved in making lasting change at your school! How to engage elementary school students in sustainable practices.
2a: Distracted Driving

Jacy Good and Steve Johnson

In 2008, a crash caused by a distracted driver left Jacy partially paralyzed and took the lives of her parents. With Hang Up and Drive, Jacy Good and Steve Johnson advocate for distraction-free roads and provide education on the dangers of using a phone while behind the wheel.

2b: How to Identify and Recruit New Leaders from Today’s Volunteers

Dee Hensely-Maclean, National PTA

WORKSHOP OBJECTIVES We’ll talk about ways that your PTA can effectively:

★ RECRUIT tomorrow’s PTA and PTSA leaders
★ ATTRACT and ENGAGE 21st century volunteers
★ RECOGNIZE and FIND leaders
★ NOMINATE based on competencies

2c: How to Steady the Ship Before, During and After a Storm: Promoting Mental Wellness as a Parent or Educator

Anthony Cordaro Jr., MD Child/Adolescent and Adult Psychiatrist and Constance Williams, LMFT

This workshop will discuss ways parents and educators can promote mental wellness within their families/classes and strengthen family cohesion which is the emotional bonding that family members have toward one another. This workshop will also touch on how parents can recognize when to seek professional help for themselves, their kids, or the family unit as a whole and how to find that help.